

Developing Additional Programs and Services through COLLAGE: Balance, Memory and Incontinence

Terri Lanham
Kendal at Oberlin

Topics

- Balance
- Memory
- Incontinence

BALANCE

- CHA (Community Health Assessment)
- Referred to Physical Therapy.
- Physical Therapist evaluation.
- Tested on the computerized Balance Master for motor coordination and sensory organization.

Therapy plan is determined by what deficits are assessed.

- Re-evaluate and compare.
- HEP- Home exercise program or referred to a balance class through the fitness center.



Memory

- CHA (Community Health Assessment)
- MMSE (Mini Mental State Exam)
- Refer to Memory Enhancement classes. (FORGET ME NOT'S)
- Follow up



Incontinence

CHA

Products

Procedures

Informative
presentations



Overall we use
“COLLAGE”

To enhance the aging process and
quality of life of our resident's.

